

# Waldo R. Winborn, LPCC, RPT, RST C/T

---

222 S. Tin  
Deming, NM, 88030  
Phone: 575-694-5478  
E-mail: [Waldo@winbornwc.com](mailto:Waldo@winbornwc.com)

## Objective

Reduce human suffering and enhancing global well-being through exemplary mental health services and expert training and consultation for clinicians.

## Professional Experience

*2009-Present*

### **Winborn Wellness & Counseling, Deming, NM**

Clinical Director/Mental Health Counselor

- Conduct mental health counseling for children and adults using sand therapy.
- Provide Early Intervention (0-3) counseling services to children and families.
- Work with parents and children to develop stronger attachment.
- Teach parents and Head Start staff about neuroscience and child development
- Provide Clinical Supervision
- NMECECD SEED Consultant
- World Association for Sand Therapy Professionals Board member.
- New Mexico Association of Play Therapy Board member.

*2008-2010*

### **Sierra Community Counseling, Deming, NM**

Mental Health Counselor

- Conducted mental health counseling for children using experiential and play techniques.

*2009*

### **Casa Mia Ranch, Deming, NM**

Mental Health Counselor

- Conduct mental health and substance abuse counseling for adults and children using traditional as well as experiential and play counseling techniques.

*2004-2008*

**The Healing House, Deming, NM**

Mental Health Counselor/Program Manager

- Managed 24-hour domestic violence shelter, Case Managers, Victim Advocates, and CASA Coordinators.
- Oversaw electronic billing.
- Assisted with grant maintenance and reporting.
- Facilitated site visits and audits from funding sources.
- Assisted with case management and advocacy as needed.
- Conducted domestic violence counseling to victims and offenders in individual and group settings.

*2005*

**Studio B.E.S.T., Deming, NM**

Drug and Alcohol Counselor

- Facilitated group and individual counseling for members of the Juvenile Drug Court.
- Maintained client files and court reports.

*2004*

**Border Area Mental Health Services, Silver City, NM**

Adult Case Manager

- Monitored client stability, monitored medications, linked and assisted clients with obtaining community resources, carried a case load of 80-120 clients in four counties, produced case notes, treatment plans, and maintained clinical files while keeping an average of 90% billable hours.

*2003*

**Young Women's Christian Association (YWCA), Deming, NM**

Teen Activity Leader

- Planned and executed activities and fundraisers.
- Ensured the safety of all the teens who attended YWCA functions.
- Co-designed the 2003 YWCA summer camp.
- Scheduled and carried out community service on a monthly basis.
- Implemented a strategies club, as well as a weekly study hall.

1998-2003

**Border Area Mental Health, Silver City, NM**

**Emergency Youth Shelter – (Deming, NM)**

- Assisted with creating the policy and procedures manual.
- Produced the original staff schedules.
- Designed the food menu.
- Performed intake evaluations.
- Produced daily case notes.
- Audited medication.
- Ensured the safety of the children within the shelter.

**Transitional Living Unit (Silver City, NM)**

- Produced employee schedules.
- Ensured the facility was running within state law.
- Produced food menus.
- Produced daily case notes.
- Assisted in medication monitoring and audited medication.
- Scheduled outings and taught daily living skills.

1994-1998

**United States Marine Corps, Topographic Intelligence**

- Conducted geological surveys.
- Produced terrain models and special topographic maps.
- Conducted briefings on what was to be expected in the field.
- Manipulated aerial photographs as well as satellite imagery.
- Supervised many field trainings and missions for my topographic detachment.
- Worked directly with people from different countries.

**Education**

- Bachelor of Academic Studies, December 2002: Western New Mexico University, Silver City, NM
- MA Interdisciplinary (Chemical Dependency, Counseling), August 2006: Western New Mexico University, Silver City, NM
- MA Counseling, December 2007: Western New Mexico University, Silver City, NM

**NM State Licensure**

- Clinical Mental Health Counselor (LPCC), July 2010

## Certifications

- Registered Play Therapist
- Registered Sand Therapist Consultant/Trainer
- EMDRIA (Certified)
- EMDR Consultant
- EMDRIA CE Provider
- NM Counseling Therapy Board CE Provider
- NBCC CE Provider
- Child Parent Psychotherapy (CPP) Supervisor
- First Play
- Synergetic Play Therapy (Certified)
- Multisystemic Treatment (MST) Supervisor

## Leadership and Consultant Roles

- **Treasurer, New Mexico Association for Play Therapy** (July 2023- June 2025): Responsible for managing financial affairs and budgets for the association, ensuring fiscal responsibility and transparency.
- **Consultant for EMDR and Play Therapy Integration Support** (January 2024- Present): Provide expert guidance and support in integrating EMDR therapy with play therapy techniques, enhancing therapeutic outcomes for clients.
- **Consultant for the New Mexico Early Childhood Education Department** (June 2023- Present): Offer consultation services to enhance early childhood education programs and initiatives across the state.
- **Board Secretary, World Association for Sand Therapy Professionals** (July 2024- Present) Continual contribution to the advancement of sand therapy practice and education worldwide. As a member of the conference committee I, play a key role in planning, organizing, and curating high-quality, impactful conferences and workshops. Responsibilities include speaker selection, program development, and logistical coordination.
- **Director of Training, Sand Tray Institute of New Mexico:** (January 2024- Present) Oversee training programs and curriculum development to ensure high-quality education and professional development in sand tray therapy.
- **2025 Association of Play Therapy Leadership Academy** (January 2025-April 2025) successful participant.
- **President, New Mexico Association for Play Therapy** (June 2025-Present)

## Specialized Training

- Critical Incident Stress Management Trained
- Registered Fire Starter
- Moral Reconciliation Therapy Certified
- Substance Abuse Screening Inventory
- Circle of Security
- EMDR
- Play EMDR
- TFCBT (Trauma-Focused Cognitive Behavioral Therapy)
- Sand Therapy
- Neurosequential trained
- MST (Multisystemic Therapy)
- Completion of Theory to Practice (IMH-NMCYFD)
- First Play
- Child Parent Psychotherapy

### **Professional Organizations**

- WASTP (World Association for Sand Therapy Professionals)
- APT (Association for Play Therapy)
- EMDRIA (EMDR International Association)

### **Presentation, Teaching, and Guest Lecturing Experience**

- |           |   |
|-----------|---|
| Nov 2025  | <b>Sand Tray Training Institute of New Mexico</b><br><i>(Corrales, NM)</i><br>Sandtray Play Therapy & EMDR  |
| Oct 2025  | <b>Association for Play Therapy</b><br><i>(Houston, TX)</i><br>Defining Infant Play Therapy: Facilitating Nurturing Touch & Attachment in FirstPlay |
| Sep 2025  | <b>Winborn Wellness &amp; Counseling</b><br><i>(Deming, NM)</i><br>The Sand Tray Experience: History, Presence, and Practice in Play Therapy        |
| July 2025 | <b>World Association of Sand Therapy Professionals</b><br><i>(On Line)</i><br>Regulating In the Sand  |
| June 2025 | <b>Sand Tray Training Institute of New Mexico</b><br><i>(Corrales, NM) TA</i><br>Adolescents & Adults   |

- June 2025      **Sand Tray Training Institute of New Mexico**  
*(Corrales, NM) TA*  
Early Childhood & Latency
- June 2025      **Sand Tray Training Institute of New Mexico**  
*(Corrales, NM) TA*  
Expressive Arts & Play Therapy
- May 2025        **Emergence Health Network**  
(El Paso, TX)  
Couples, Family, & Group Therapy in the Sand Tray(Level 5)
- Feb 2025        **Winborn Wellness & Counseling**  
*(Deming, NM)*  
Intro to Sand Therapy
- Feb 2025        **Deming Cesar Chavez Charter High School**  
*(Deming, NM)*  
Domestic Violence and Teen Dating
- Feb 2025        **Neuroscience of Play Therapy Summit**  
*(Cocoa Beach, FL)*  
Exploring and Experiencing the Neural Integration in Sand Tray Therapy  
and Play Therapy
- Dec 2024        **Sand Tray Training Institute of New Mexico**  
*(Web Based)*  
Practicing Pairs
- Dec 2024        **Lordsburg Public School District**  
*(Lordsburg, NM)*  
The Nervous System and Being Ready to Learn
- Dec 2024        **Neuroscience of Play Therapy Summit**  
*(Cocoa Beach, FL)*  
Exploring and Experiencing the Neural Integration in Sand Tray Therapy  
and Play Therapy
- Dec 2024        **White Mountain Apache Tribe**  
*(Fort Apache Reservation, USA)*  
Symbolic Integration and Therapy Level 2
- Nov 2024        **White Mountain Apache Tribe**  
*(Fort Apache Reservation, USA)*  
Basic Sand Tray Tools and Methods Level 1
- Oct 2024        **Sand Tray Training Institute of New Mexico**

- (Corrales, NM) TA*  
Symbolic Integration and Therapy Level 2
- Oct 2024      **Sand Tray Training Institute of New Mexico**  
*(Corrales, NM) TA*  
Basic Sand Tray Tools and Methods Level 1
- June 2024      **A New Hope**  
*(Las Cruces, NM)*  
Sand Tray Play Therapy Experience
- June 2024      **5th annual Innovative Child Therapy Symposium**  
*(Web based)*  
Sand Tray and the Nervous System
- May 2024      **Playful EMDR Summit**  
*(Zion, UT)*  
Back to basics using Paper in Play Therapy
- May 2024      **World Association Sand Therapy Professionals**  
*(Web Based)*  
4<sup>th</sup> Annual Conference
- Feb 2024      **Winborn Wellness & Counseling**  
*(Silver City, NM)*  
The Projective Process and The Arts
- Nov 2023      **New Mexico Association for Play Therapy**  
*(Albuquerque, NM)*  
Back to basics using Paper in Play Therapy
- Sep 2023      **Winborn Wellness & Counseling**  
*(Silver City, NM)*  
Ethical and Cultural Considerations with Diagnosing Clients Using the DSM 5 TR
- Aug 2023      **New Mexico Association for Play Therapy**  
*(Albuquerque, NM)*  
Sand Tray Play Therapy Experience
- Jul 2023      **New Mexico Addiction Education Network**  
*(Silver City, NM)*  
Who is in control (a neuroscience look at behavior)

June 2023

**A New Hope**

*(Las Cruces, NM)*

Neuroscience of Attachment and Play